



10.1-inch touch screen



## SH-G9809S



### Smart and Precise Training

Powered by a digital-intelligent algorithm and servo-controlled resistance system, it offers up to 120 kg training load with 1 kg minimum increments for precise and efficient glute training.

### Versatile Training Modes

Built-in resistance modes and professional training programs support multiple goals, including quadriceps strengthening, muscle building, and advanced performance training.

**Muscle Strength**

Group	Weight
Group 1	15 kg
Group 2	15 kg
Group 3	15 kg

**Pyramid Increment**  
Resistance increases progressively to reach set to enhance strength and muscle size.

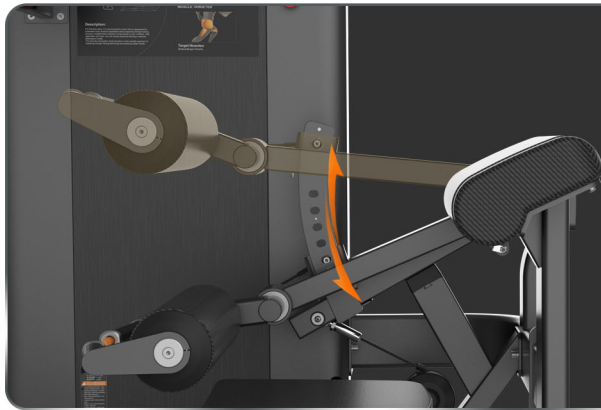
**Strength Peaks**  
Resistance varies with each movement to provide peak intensity and endurance.

**High-Intensity Training**  
Increases training intensity with short recovery periods to enhance muscle quality.

Number of Reps: 0/8

00:02

Pause



## Ergonomic Adjustments for Better Positioning

The 3-position hydraulic seat adjustment and 5-position abdominal pad adjustment, combined with an ergonomic design, provide a more comfortable and stable workout experience.

## Digital Connectivity

Connected with the BioFit digital system and SHUA SPORTS app, enabling workout data synchronization, training record tracking, and smarter strength training management.



1220 mm

1342mm



1477 mm

## PRODUCT SPECIFICATIONS

Dimension	1477 × 1200 × 1342 mm / 58 × 47 × 53 in
Max User Weight	150 kg / 331 lbs
Max Training Weight	120 kg / 265 lbs
Muscles	Gluteus, Quadriceps, Hamstrings
N.W.	225 kg / 496 lbs
G.W.	321 kg / 708 lbs
Loading Capacity:	20GP: 12 units / 40HQ: 29 units